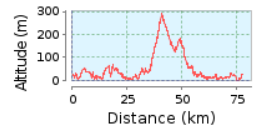
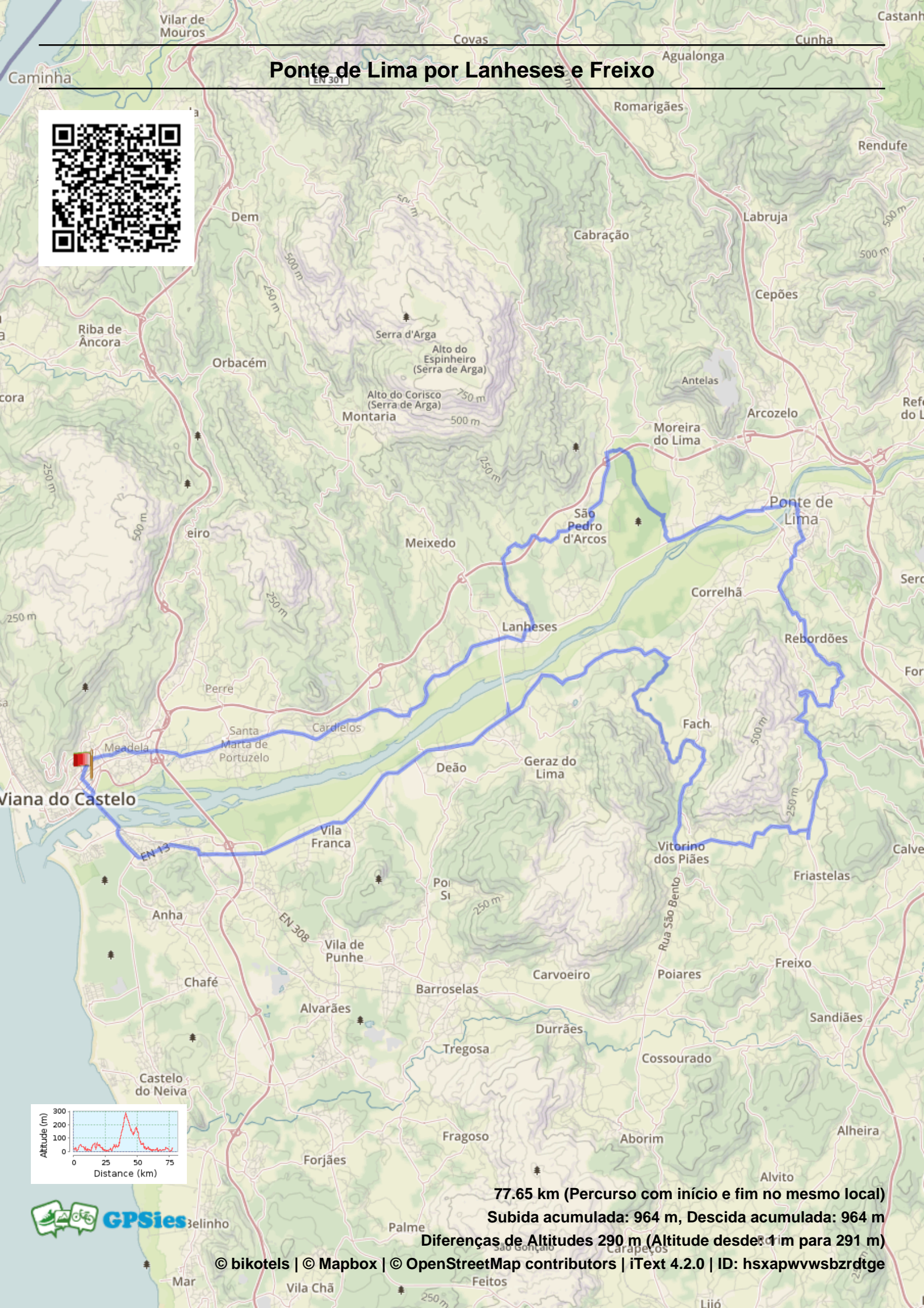


Ponte de Lima por Lanheses e Freixo



77.65 km (Percurso com início e fim no mesmo local)
Subida acumulada: 964 m, Descida acumulada: 964 m
Diferenças de Altitudes 290 m (Altitude desde 1 m para 291 m)

